

I'm not a robot!



- 1 **Breast self-examination (SBE)**
- 2 **Clinical breast examination (CBE)**
- 3 **Mammography**
- 4 **Breast ultrasonography**
- 5 **Breast magnetic resonance imaging (MRI)**
- 6 **Positron emission mammography (PEM) and mammosctigraphy**

### Breast Cancer Screening Guidelines - Comparison

	ACR/ABIM	AAC	ASCO	AACR	NCCN	WHO	USPSTF
Screening	Not recommended						
Age	50-74 years						
Frequency	Annual	Annual	Annual	Annual	Annual	Annual	Every 1-2 years
Screening methods	Mammography						
Other screening methods							
Notes							

### ACR Appropriateness Criteria Breast Cancer Screening

Marina A. Minkin, MD; Ana Lorenzo, MD; Marc C. Matney, MD;  
Mary S. Newell, MD; Jennifer K. Hwang, MD; Carol D'Souza, MD;  
Jennifer A. Harvey, MD; Mary K. Hays, MD; Phan Tong Huyghen, MD;  
Peter J. Jakub, MD; So-Ju Lee, MD; Gwendolyn B. Lehman, MD, PhD;  
David A. Margolis, MD; Michael E. McCormick, MD; Daniel P. Pfeifer, MD;  
Hanson E. Reynolds, MD; M. Linda Sutherland, MD; Bruce G. Rafferty, MD

Mammography is the recommended method for breast cancer screening of women in the general population. However, mammography has significant false-positive rates and is not appropriate for all women. Therefore, supplemental screening with MRI or ultrasound is recommended for selected high-risk populations. Screening mammography is also recommended for women with dense breasts. Ultrasound is often an option for these high-risk women who cannot undergo MRI. Screened women also represent one of the highest-risk groups for breast cancer. Women with a family history of breast cancer should be screened annually at a younger age than a level for women without a family history of breast cancer. Women with a personal history of breast cancer should be screened annually at a level for women without a history of breast cancer. There is insufficient evidence to support the use of other imaging modalities, such as thermography, breast-specific gamma imaging, or breast MRI, for screening.

The ACR Appropriateness Criteria are evidence-based guidelines for specific clinical conditions as reviewed every 2 years by an international panel of experts in the field. The appropriateness of a procedure is based on its ability to provide medical information for patient care and for application of well-established consensus methodology (modified Delphi) to evaluate each test's place in the diagnostic process. The appropriateness of a procedure is based on the evidence that it adds to knowledge or definitive, expert opinion may be used to recommend testing or treatment.

**Key Words:** Appropriateness criteria, breast cancer, screening, mammography, breast MRI, breast ultrasound

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### SUMMARY OF LITERATURE REVIEW

**Mammography**  
Mammography is the most effective of screening for breast cancer among women in the general population (1). Annual screening can reduce mortality (1-3). Annual screening

is associated with a 15% reduction in the risk of dying from breast cancer (1-3). An increase in the frequency of screening mammograms is associated with a lower rate of breast cancer (1-3). Women with a family history of breast cancer have a higher risk of developing breast cancer (1-3). Women with a personal history of breast cancer have a higher risk of developing breast cancer (1-3). Women with a history of breast cancer should be screened annually at a level for women without a history of breast cancer. There is insufficient evidence to support the use of other imaging modalities, such as thermography, breast-specific gamma imaging, or breast MRI, for screening.

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